



# LUNCH

## MAY 2017 Child Nutrition Program

### PreK-Grade 8

#### Monday

#### Tuesday

#### Wednesday

#### Thursday

#### Friday

##### "Say Cheez!"

1

Grilled Cheese Sandwich  
Red Pepper Strips, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

##### Taco Tuesday

2

Turkey Taco on Soft Shell  
Potato Smiles, 1/2 cup  
Black Bean Salad, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

##### Chicken Smackers

3

Pasta Salad  
Cucumber Coins, 1/2 cup  
Peach Cup, 1/2 cup  
Choice of Milk

##### Try Something New

4

Fish Nuggets with Orange Sauce  
Seasoned Brown Rice  
Glazed Carrots, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

##### "Cinco de Mayo"

5

Mexican Fiestada Pizza Taco  
Spinach Salad, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

##### "Say Cheez!"

8

Baked Macaroni and Cheese  
Roasted Green Beans 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

Pork Chili with Corn Loaf  
Glazed Carrots, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

##### Build Your Own Burger

10

Hamburger on Baked Bun  
Cheese, Shredded Lettuce, Tomato  
Baked Vegetarian Beans, 1/2 cup  
Potato Smiles, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

Chicken Patty on Baked Bun  
Potato Smiles, 1/4 cup  
Steamed Broccoli, 1/4 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

Potato Crusted Fish Patty  
on Baked Bun  
Shredded Lettuce  
Sweet Potato Fries, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

##### "Say Cheez!"

15

Potato Ravioli with Marinara Sauce  
Glazed Carrots, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

##### Taco Tuesday

16

Shredded Pork Taco on Soft Shell  
Red Pepper Strips, 1/4 cup  
Roasted Chickpeas, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

##### Asian Day

17

Teriyaki Chicken over Brown Rice  
Steamed Broccoli, 1/2 cup  
Chilled Pineapple Cup, 1/2 cup  
Fortune Cookie  
Choice of Milk

Hot Turkey Sandwich with Gravy  
Potato Smiles, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk



19

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UNO  
PIZZERIA & GRILL  
Cheese Pizza  
Roasted Broccoli, 1/4 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

##### Southwest Day

22

Three-Bean Chili  
Seasoned Brown Rice  
Steamed Green Beans, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

Chicken Smackers with Ketchup  
Potato Smiles, 1/4 cup  
Cucumber Coins, 1/4 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

##### Italian Day

24

Pork Meatballs & Rotini Pasta  
Parmesan Zucchini, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

Chicken and Cheese Quesadilla  
with Tomato Salsa  
Black Beans, 1/4 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

Potato Crusted Fish Patty  
on Baked Bun  
Shredded Lettuce  
Glazed Carrots, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

29



Turkey Ham and Cheese Wrap  
Potato Smiles, 1/4 cup  
Cucumber Coins, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

30

##### Brunch for Lunch

31

Pancakes with Maple Syrup  
Turkey Sausage and Egg Patty  
Carrot Sticks, 1/4 cup  
Applesauce Cup, 1/2 cup  
Choice of Milk

##### Available Daily

Peanut Butter or Sun Butter & Jelly Sandwiches  
American Cheese Sandwiches  
Sandwiches on Whole Grain Bread

A side salad of leafy dark green vegetable is offered daily.

Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.  
Fat Free Chocolate milk is available Tuesdays and Thursdays.

Select a fruit **AND/OR** vegetable with your sandwich.

You may also choose your choice of milk.

**ALL GRAIN PRODUCTS ARE WHOLE GRAIN.**

**MENUS MUST BE POSTED AT ALL TIMES FOR NEW YORK STATE INSPECTION. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.**