



LUNCH

FEBRUARY 2018 Child Nutrition Program

PreK-Grade 8

Monday

Tuesday

Wednesday

Thursday

Friday

5

Grilled Cheese Sandwich
Steamed Carrots, $\frac{1}{2}$ cup
Potato Smiles, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

12

Baked Macaroni & Cheese
Cucumber Coins, $\frac{1}{2}$ cup
Steamed Carrots, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

NO SCHOOL

19



26

Colby Cheese Omelet
Wrapped in Soft Shell
Sweet Potato Fries, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

6

Taco Tuesday
*Pork Taco on Soft Shell
with Cheddar Cheese &
Shredded Lettuce
Red Kidney Beans, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

13

Taco Tuesday
*Shredded Pork on Soft Shell
Green Pepper Strips, $\frac{1}{2}$ cup
Sweet Potato Fries, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

20

Taco Tuesday
Turkey Taco on Soft Shell
Black Bean Salad, $\frac{1}{2}$ cup
Roasted Corn, $\frac{1}{2}$ cup
Fruit Cup, $\frac{1}{2}$ cup
Choice of Milk

27

Chicken and Cheese Quesadilla
Steamed Carrots, $\frac{1}{2}$ cup
Green Pepper Strips, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

7

Italian Day
Chicken Parmigiana
On Baked Bun
Steamed Broccoli, $\frac{1}{2}$ cup
Fruit Cup, $\frac{1}{2}$ cup
Choice of Milk

14

Valentine's Day Lunch
ASH WEDNESDAY
Potato Crusted Fish Patty
on Baked Bun
Roasted Potato Wedges, $\frac{1}{2}$ cup
Strawberry Fruit Cups, $\frac{1}{2}$ cup
STRAWBERRY MILK

21

Build Your Own Burger
Hamburger on Baked Bun
American Cheese & Sliced Tomato
Sweet Potato Fries, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

28

Try Something New
Chicken Fajita in Bread Bowl
with Cheddar Cheese
Black Bean Salad, $\frac{1}{2}$ cup
Roasted Corn, $\frac{1}{2}$ cup
Fruit Cup, $\frac{1}{2}$ cup
Choice of Milk

1

Mozzarella Sticks &
Chicken Smackers **COMBO!**
Bread Slice
Steamed Broccoli, $\frac{1}{2}$ cup
Fruit Cup, $\frac{1}{2}$ cup
Choice of Milk

8

Hot Turkey Ham Sandwich
Sweet Potato Fries, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

15

Chicken Smackers with Ketchup
Bread Slice
Vegetarian Beans, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

22

*Pork Meatballs & Rotini Pasta
Steamed Green Beans, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

2

Groundhog Day
Cheese Pizza
Black Bean Salad, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

9

Homemade Baked Ziti
Steamed Green Beans, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

16

Chinese New Year
Mandarin Orange Fish Nuggets
Seasoned Brown Rice
Steamed Broccoli, $\frac{1}{2}$ cup
Chilled Peach Cup, $\frac{1}{2}$ cup
Choice of Milk

23

Cheese Pizza
Steamed Broccoli, $\frac{1}{2}$ cup
Carrot Sticks, $\frac{1}{2}$ cup
Fresh Fruit, $\frac{1}{2}$ cup
Choice of Milk

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.



Available Daily
Peanut Butter or Sun Butter & Jelly Sandwiches
American Cheese Sandwiches
A side salad (1 cup) of leafy dark green vegetable is offered daily.
 $\frac{1}{2}$ cup Fresh Fruit options will be offered daily
Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk:
PreK-8 Participants: Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.
K-8 Participants ONLY: Fat Free **Chocolate** milk is available **Tuesdays** and **Thursdays**.
ALL GRAIN PRODUCTS ARE WHOLE GRAIN.
ALL FOOD ITEMS MEET USDA: NSLP/SBP REQUIREMENTS.
***=pork item will be substituted with a non-pork item to equate meat/meat alternative**